

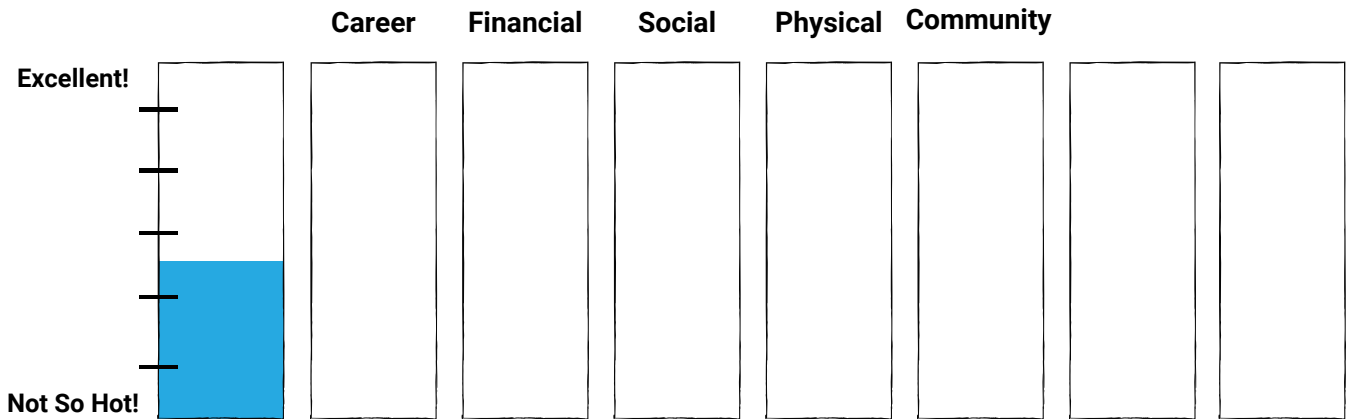


### Who I want to be in 2024

I believe that one of the most beautiful things that can come from a practice like this one is that you can look back and see where you've been stretched, and grown throughout the year.

Each quarter, we'll walk through a self- assessment for you to review. There are a few blank spaces for you to create your own categories if you'd like, or just use the ones I've given you.

### Shade in the boxes to show where you are today.



### Where do you feel like you have the biggest gap in your life currently?

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### Envision excellence in this area and describe your most powerful outcome below. Make sure it would excite you to see it become a reality.

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**What 1-3 things do you need to be reminded of daily about yourself?**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**What 1-3 things do you need to remind others around you daily about themselves?**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Where can you be more patient in the year ahead?**

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**Where can you be more BOLD in the year ahead?**

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**Who needs more of your BEST in the year ahead?**

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**What do you need to do in order to give more of your best to them?**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Write out what a powerful outcome in each of the 5 categories below looks like at the end of 2024:**

**Career:**

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**Social:**

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**Financial:**

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**Physical:**

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**Community:**

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